



SHOPKO & BELLIN HEALTH PRESENT

# Diabetes Health & Wellness Fair

**SATURDAY,  
OCTOBER 17**

**9AM - 3PM  
SHOPKO HALL**

1901 S. Oneida Street  
Green Bay

**FREE EVENT!**

**FREE GIVEAWAYS**

**FREE INFORMATION**

## **BROWN BAG EVENT**

Bring your prescriptions for a free one-on-one consultation with our pharmacists. Get free up-to-date information and answers to questions you have regarding your prescriptions!

## **SPEAKER SCHEDULE** - Meet the Experts

- 9:00-9:30 "Bulletproof: The Men's Healthcare Myth"  
John Jones, Former President and Chief Operating Officer of the Green Bay Packers
- 10:00-11:15 "Get Happy, Get Healthy"  
Chef Robert Lewis, The Happy Diabetic
- 11:45-12:15 "Traveling With Diabetes", Anne Vollrath, RD, CDE, Bellin Health Diabetes Services
- 12:45-2:00 "Get Happy, Get Healthy"  
Chef Robert Lewis, The Happy Diabetic
- 2:15-2:45 Diabetes and Heart Disease  
Kelly Galler, GNP, APNP  
Bellin Health Heart and Vascular Center

## **FLU SHOTS**

All Day \$30

## **SCREENING SCHEDULE**

- 9:00 - 12:00 Cholesterol (LDL, HDL, TTL, Glucose) \$20  
Fast at least 10 hours.  
May take AM medications and water
- All Day Glucose Free
- All Day Blood Pressure Free
- All Day BMI Free
- All Day Bone Density (Heel Scan) Free
- All Day PAD (Peripheral Artery Disease Screening) Free

## **SAFE DISPOSAL OF DRUGS**

- 10:00 - 2:00 Sheriff's department will be available to accept your unwanted household prescriptions  
\*No sharps please.